



MEDICAL AND SICKNESS POLICY

CREATE A SPLASH

MEDICAL & SICKNESS
POLICY

DATE: JULY 2022
ENDORSED BY TEAM
REVIEW AS REQUIRED

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1. Purpose

Create A Splash are committed to having a duty of care to look after the health of all children, staff and their families. To ensure a healthy environment and minimising cross contamination and the spread of infectious illnesses this policy as been enacted to ensure this is a clear understanding by all staff, paid or unpaid, and participants. Create A Splash reserves the right to exclude a person of a suspected illness from our facilities and programs to prevent the spread of infection to other children and teachers and to allow the child/teacher time to rest, recover and be treated for the illness.

2. Scope

This policy applies to children, families, staff, management and visitors of Create A Splash service and has adopted the principles and regulations from *'Under the Education and Care Services National Regulations'* the *'CDC's guidelines on Swimming Related Illnesses and the Standard for the Operation of Swimming Pools and Spa Pools in South Australia'*. Noting the governing notifiable bodies would potentially include *South Australia Health Direct and Safework SA*.

3. Procedures

The need for exclusion and the length of time a person is excluded depend on how easily the infection can spread, how long the person is likely to be infectious and how severe the disease can be. To protect the health of children and staff within the Service, it is important that children and staff who are ill are kept away from the Service for the recommended period.

3.1 Our swim teachers are not medical practitioners and are not able to diagnose whether a child has an infectious illness or not and Create A Splash and its staff have a right to execute its discretion based on suspicion.

3.2 If an infectious illness is suspected, our Swim teachers may need to ask you discreetly and gently to withdraw your child from the lesson and may also request families seek medical advice and provide a medical certificate stating that the child is no longer infectious prior to returning to their next lesson.

4. Medical Exclusions

Sickness and other health related exclusions include but are not limited to;

1. they are unable to participate in their lesson fully due to being unwell.
2. Have had a temperature, vomiting and/or diarrhoea. (if your child has diarrhoea they will be excluded for two weeks)
3. Have an upper respiratory illness, such as bronchiolitis or influenza or who appears with a yellow or green runny nose.
4. If your child vomits or has vomited in the last 48 hours
5. A new unexplained rash, please get these seen by your doctor for clearance
6. Chicken pox, children are excluded until their sores have dried up
7. Conjunctivitis, while not always contagious after 24 hours on antibiotics, we reserve the right to refuse a child who still has discharge in their eyes
8. Head lice, children are excluded until the hair has been treated and there is no live lice in the hair.

5. Swimming Related Illnesses

Swimming related illnesses can occur if a swimmer swallows, has contact with or breathes in mists or aerosols from water contaminated with germs. Chemical illness can also occur in this same manner when safe and compliant pool operation is not followed.

Create A Splash ensures that all standards of safe pool operation is followed and its participants and teachers can be rest assured that all pool testing is conducted above the standard before anyone enters the water and then recorded and filed. These records are to

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be kept stored for a minimum of 7 years. The Create A Splash team include pool plant operators and ensure procedure is followed when it comes to chemical dosing and the pool test outcomes.

Create A Splash make a commitment to always being transparent with their participants and in the unlikely event that the water quality tests are not sound parents and caregivers will be notified before entry has been made. .

Diarrhea is the most common swimming-related illness. People who are already sick with diarrhea can spread it to others when they get in recreational water. If someone else swallows the contaminated water, they can become infected. Create A Splash stresses the importance that participants who have had diarrhea exclude their participation for two weeks to eliminate the risk of cryptosporidium.

6. Response to Infectious Diseases

When an infectious disease has been diagnosed or reported to us Create A Splash will immediately inform South Australia Health direct and follow their advice and will display appropriate documentation and alerts for families including information on the illness/disease, symptoms, infectious period and the exclusion period.

6.1 Create a Splash Teachers will ensure at all times;

- Effective hygiene policies and procedures are adhered to at all
- Effective environmental cleaning policies and procedures are adhered
- They will exclude themselves from programs undertaken at Create A Splash when they have an infectious illness until it is safe for them to return.
- They will execute their discretion in a gentle and calm manner to avoid negative feelings from all involved and will give the respect in return that majority of participants are also not medical professionals.

6.2. Create A Splash asks these participant responsibilities are followed;

- Wash hands with soap after using the toilet
- Please make sure your child's face and hands are clean from food, face paint etc before entering the pool
- Please shower your children where possible before attending lessons.
- NO FOOD in the Centre to eliminate cross contamination within our pool.
- Toilet your child just prior to coming to their lesson to minimise accidents and disruption during swimming lessons.
- If your child is not toilet trained, please use a swim nappy to contain any soiling that may occur.

6 Medical Information

If a child is enrolled in the Splash Swim School and has a medical condition, the parent must list the type of condition in the membership forms which are stored in a confidential location and not disclosed outside of the Create A Splash team. Extenuating circumstances would include in the event a medical emergency occurs and we must pass on information to the direct medical professionals involved.

7.1 If your child has a medical plan attached to their condition, we ask to have a copy that will be stored appropriately. The Create A Splash team are all First Aid, Anaphylactic and Asthma trained and are willing and able to undertake future training if a medical condition requires to do so.

7 Additional Responsibilities

The Create A Splash learning environment consists of professional, skilled, passionate and caring swim teachers providing positive, constructive and enjoyable activities that enhance your child's learning of swimming and water safety.

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A student's individual reaction and enjoyment to swimming and water safety education will depend on a number of factors including;

- Age
- Physical characteristics
- Physical development
- Prior experience
- Language development
- Cognitive development
- Cultural background
- Health, wellness and functionality

Create A Splash ensures that the pace and level of involvement in swimming and water safety programs are consistent with the functional ability and skill of your child. Create A Splash have a strong commitment to our child focus and giving students a safe and healthy space to learn in.

At Create A Splash we respect the rights of the students, and their participation in lessons will not be forced in alignment with the '*National Principles for Child Safe Organisations*'. We expect that students and parents will also respect their teacher's guidance during the lessons.

8 COVID-19 Exclusions

In accordance with current South Australian Health legislation please DO NOT attend if you are sick with any of the symptoms below and do not return until fully recovered and conduct testing at your earliest convenience;

- fever
- sore throat
- dry cough
- difficulty breathing or shortness of breath

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- chest pain or pressure
- acute loss of smell or taste
- nausea

Do not attend if you or your child is positive and do not return to lessons until at least 7 days after a positive test or longer if still displaying symptoms. Please notify the Create A Splash team if there was exposure during the infectious period.

Please notify staff know if have been defined as a close contact which includes

- A household member or intimate partner of a person with COVID-19 for a cumulative period of 4 hours or more during their infectious period.
- You have been notified by SA Health that they are a close contact.
- Have been to a listed exposure site on the SA Health website.

Mandatory requirements will be assessed and followed at time of notification.

While the COVID-19 virus can still transmit from person to person through an individual's droplets during lessons, COVID-19 does not transmit through the water and would not be considered a swimming-related infectious disease.

The Create A Splash team will do their due diligence in following current legislation and will update as need be.